



BLUEDEER

SAN LORENZO SEA LODGE





# A Fantastic long weekend exploring the Sicilian west coast and the authenticity of Favignana, the beauty of Trapani and the fascinating Marsala

Tour of Emotions > Sicily

DAY 1

DAY 2

Friday

DAY 3

Saturday

DAY 4

Sunday

- Arrival in Palermo Punta Raisi Airport in the morning
- Private transfer from the airport to Castellamare del Golfo (40 minutes)
- Welcome on board with typical Sicilian fingers food
- Departure to San Vito lo Capo 12 nm (1:45 hours)
- Enjoy the beautiful water of the coast
- Thursday Along the way stop to Monte Cofano for a fantastic horse ride along the cost
  - After the arrival to San Vito Lo Capo enjoy a private visit of the beautiful village
  - Aperitif and dinner on board
  - Overnight at the anchor or at the harbour (depending of weather forecast)
  - After breakfast departure to Trapani 17 nm (2:30 hours)
  - Entire day visiting the beauty of Trapani, Erice and Segesta accompanied by a local guide
  - Lunch in a typical restaurant in Segesta
  - After lunch discover the clifftop town of Erice
  - Aperitif and dinner on board
  - Overnight in Trapani
  - After Breakfast departure to Levanzo 8nm (1:00 hour)
  - Hiking to visit "la grotta del Genovese"
  - After lunch departure to Favignana 4nm (0:30 hour)
  - Tour of the island by board
  - Visit of Favignana village
  - Possibility to organize diving and water sport activities
  - Dinner at one of our preferred restaurant in Favignana
  - Overnight at the anchor
  - After breakfast departure to Marsala (10 nmiles 1,30 hours)
  - Visit of a typical Marsala liquor winery or visit to the Saline di Mozia
  - Lunch in Town
  - 15:00 private transfer to Palermo Punta Raisi airport (1:30 hours)

### **THURSDAY**

### A Sea-journey across Sicily Fifty shades of blue

According to your flight schedule arrival at the Palermo Airport where you'll meet your English Speaking driver. He will escort you to your Catamaran, in Castellammare del Golfo (40 minutes transfer with a luxury vehicle). You are going to embark for an amazing private cruise exploring the splendid Sicilian Northwest coast and the Aegadian Islands. Sailing north along the coast from Castellammare to Trapani, 20 kilometres (12 miles) from Palermo along the coast towards Erice and Trapani, is the Riserva dello Zingaro, a nature reserve of about 1,600 ha (3,950 acres) sloping down to the sea. Sailing from Castellamamre del Golfo a beautiful fishing town that lies on the bay a jumble of small houses in pink, cream, yellow and orange, you reach the splendid Aegadian Island stopping by in Scopello, San Vito Lo Capo and Trapani.

After lunch navigate towards **San Vito Lo Capo** and **Monte Cofan**o. This coast is characterized by beautiful beaches small coves and unspoilt

rugged rocks, cliffs and grottos: Grotta delle Colombe, Cala dell'Uzzo fabulous cove is part of the famous Zingaro Reserve & Faraglioni di Scopello. We then continue towards San Vito Lo Capo and the Natural reserve of Monte Cofano. Late afternoon **enjoy an horse ride along the coast**, meet your naturalist guide and horseguide for an easy going and very impressive late afternoon ride inside the Natural reserve. After the ride embark and continue towards the small fishing village of **San Vito Lo Capo**.

San Vito lo Capo is a seaside resort with gorgeous beaches of pale velvety sand, among the most beautiful in Italy. Take a walk in Piazza Santuario, the heart of the town, the unusual sanctuary-church is a square fortress first built by the Byzantines and later fortified by Arabs Normans and Spaniards in turn, incorporating the ancient 4th century chapel dedicated to the patron Saint Vitus, martyred under Diocletian. Tonight enjoy aperitif and dinner on board. Night at anchor.











### **FRIDAY**

### A Sparkly Crossroads of Mediterranean Civilizations

After breakfast departure to Trapani. Trapani is the most important city on the west coast of the island, is the capital of a region where the wide, open landscapes, full of light reflected off the sea, are picked out in white, straggling, flat-roofed villages; very North African in atmosphere. Selinunte and Segesta, two of Sicily's most exciting archeological areas, are in this part of the island, as are the fascinating old cities of Erice and Marsala, and the beautiful offshore Aegadians islands.

Today meet your **English speaking driver**, and your local guide for a full-day immersion exploring Trapani, Erice and Segesta. Start discovering Trapani, the old city occupies a scimitar-shaped promontory between the open sea to the north and the port and salt marshes to the south. The elegant shops in the trafficfree old town have inviting window display and the Corso is lined with interesting monumental buildings. The collection of decorative arts in the **Pepoli Museum** is one of the best on the island and is particularly famous for its works don't vou think!

The next cultural stop will be Erice, a clifftop town at 750 meters above sea level offering sprawling views across the sea to the Egadi Islands and overlooking Trapani and Marsala. Your guide will help you explore this Phoenician town, which was later Hellenized, Romanized,





Normanized. **Erice** is a medieval walled town perched on top of Mt San Giuliano, an isolated limestone spur high above the sea. The locals call their town 'u Munti, the mountain. It is often shrouded in a mist, known as il velo di Venere (the veil of Venus), and it can be very chilly here, the steep cobbled street deserted and slippery which contributes to the feeling of isolation. After the visit your driver will escort you back to your catamaran. Enjoy a wonderful aperitif and dinner on board. Night at anchor.







### SATURDAY

## Aegadian Islands Paleolithic Wall-Painting and Tuna Fishing Rituals

Spend the day cruising the Egadi islands, the Odyssey dubbed the ancient Aegates "islands of the goats". This tiny archipelago stands near Trapani and is renowned for its wild aspect, coastal beauty and the limpid sea that embrace it all. First stop in **Levanzo**, the tiny island has this particular pastoral charm, with goats and sheep grazing quietly on the sides of its many hills.

Late morning, a speleologist in a private boat will escort you in one of the most amazing place of prehistoric Sicily, "la grotta del Genovese", for a private visit. The grotto was discovered in 1949, it contains vestiges of wall-painting dating the Upper Paleolithic era, while the incised drawing may be from the Neolithic period. The graffiti represent bison and a deer of the most pleasing proportion, elegance and foreshortening. The charcoal and animal fat paintings represent early attempts at fishing (stylized representations of both tuna and dolphins are discernible). The grotto is jeep

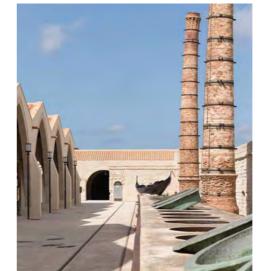
and then by foot in a small trekking. After the visit enjoy an "light lunch" on the island with delicious typical Aegadian products. After lunch sail towards Favignana the main island of this small arcipelago.

Favignana is well known for its beautiful caves, its unspoilt beaches and the Mattanza (the traditional, but cruel, ritual of systematically likking the tuna trapped in the nets, known as the "camera della morte" room of death). Spend the afternoon sailing around the island, then enjoy an independent visit of the main town and its Museum dedicated to the Mattanza and the tuna fishing.

Tonight we'll find the perfect spot where to have a typical Sicilian dinner with the catch of the day. Night at anchor.











### **SUNDAY**

### The Allure of Sweet Marsala and Greek **Amazing Grace**

After breakfast navigate towards Marsala. At the harbor meet your English speaking driver and your local guide for a visit to Marsala, the town gives its name to a famous dessert wine still produced here in large quantities from the vineyards along the coast, so enjoy a marsala tasting at one of the most prestigious Marsala wine maker. Marco De Bartoli, and a wonderful lunch in **Motya**.

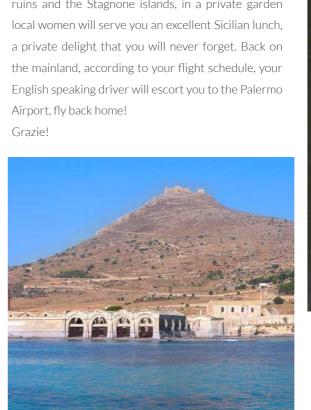
Discover the narrow streets of the sweet Marsala, the city of the well-known Florio Family the Sicilian entrepreneurs who exported the Marsala wine all over the world. Marsala is a pleasant town with a neat city centre and an attractive open seafront on Capo Boeo, the site of the Carthaginian city Lilybaeum. Founded by the Carthaginians in 396 BC, became their strongest bulwark in Sicily after the sack of Motya in 397 BC.

It succumbed to the Romans only after a siege of ten years (250-241 BC) Than Roman and Saracen, almost a British protectorate and finally Italian with Garibaldi, the "Thousand" visit to the city center we continue towards the **Salt Marshes** area, enjoy the striking landscape with its salt marshes, basins and windmills. where the color palette goes from the intense yellow through the bright whites passing for the multiple range of ochres, a feast for the view. We now embark and ship for the marvelous Phoenician city of Motya in the **island of San Pantaleo**, exclusively open for you, for a special hand-on culinary and cultural experience.

After an out-of-the ordinary tour around the island and a visit to the "must see" statue of the "Young Man of Mozia", we'll choose a breathtaking spot of the island and enjoy the view.

Enjoy a special gastronomic treat just for you, we'll bring in Mozia a team of local women who will prepare the famous fish couscous "alla trapanese", observe and help to prepare the typical "incocciata" (the way the women from Trapani cook the couscous grain) and then delight your palate with the best couscous

landed here on 11th May 1860. After a short

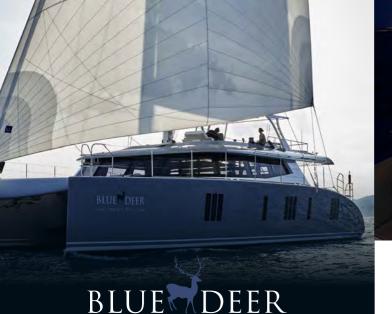




you ever had in your life, looking at the Phoenicians ruins and the Stagnone islands, in a private garden







SAN LORENZO SEA LODGE

Perfectly designed in every detail the San Lorenzo Sea Lodge "Blue Deer" is a real manifestation of the finest Italian taste and passion for sublime luxury. The interior and exterior design are an expression of the most sophisticated style envisioned by the Owners Giorgia and Stefano Barbini to deliver life enriching experiences to their guests. The same refined atmosphere can be found in their San Lorenzo Mountain Lodge "White Deer" in the Dolomites. With these two exquisite properties the Giorgia and Stefano Barbini embrace the combined beauty of the sea and the mountains in their own extraordinary way.



The catamaran can accommodate up to 10 guests in four **separate spaces** in the hulls including 2 **deluxe** cabins and 2 VIP cabins. Each of them designed to the smallest detail to bring comfort and pleasure. The cabins are equipped with comfortable king-sized beds, wardrobes and retractable TV's. Thanks to **spacious windows** guests can wake up in the morning sun and go to sleep in the star light. The two **deluxe** guest cabins comprise two single (convertible) beds and a bunk bed to the wall that is ideal for children. Each room has its own unsuited spacious bathroom.

The crew quarter is located in the portside hull and has a **separate entrance** from the cockpit that allows for more privacy when the guests rest inside the yacht. Cruising

onboard the Blue Deer is living a story-like adventure as well as **unforgettable experiences**. With her spacious layout, this **74ft catamaran** was designed to fit the needs of people who appreciate the highest standards combined with the greatest **hospitality**. The sailing catamaran can be seen as the ideal getaway from busy life. The Blue Deer is an ultimate option for family and friends cruises where wellbeing, comfort and huge amounts of pleasure are essential. The Blue Deer is an ultimate option for family and friends cruises where wellbeing, comfort and huge amounts of pleasure are essential. The catamaran is rent only exclusively.

Length:	22.5/74ft	Fuel capacity:	2x3 000 l
Maximum Beam:	10.5/34.5 ft	Guests:	8+2
Displacement:	45T	Crew:	2-3
Draft:	2.2 m/ 7.2 ft	Total living space:	240 sqm
Air draft:	35 m	Naval Architecture:	Sunreef Yachts
Main sail:	180 sqm	Interior Design:	Sunreef Yachts
Genoa:	150 sqm	Together with the Owners who were	
Main Engines:	2x240 HP Yanmar	engaged in every single stage of design	







### **Beratung und Buchung:**

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